

| Monday   | Tuesday   | Wednesday   | Thursday  | Friday  |
|--|---|---|---|---|
|         |   | 1<br>NO SCHOOL<br><i>Winter Break</i>   | 2<br>Chicken Fried Rice<br>Egg Roll<br>Fruits and Vegetables<br>Milk                      | 3<br>Cheese Pizza<br>Pepperoni Pizza<br>Buffalo Chicken<br>Homemade Dessert<br>Fruits and Vegetables<br>Milk  |
| 6<br>Italian Dunkers<br>Marinara Sauce<br>Green Beans<br>Fruits and Vegetables<br>Milk   | 7<br>Macaroni and Cheese<br>BBQ Pulled Pork<br>Fruits and Vegetables<br>Milk    | 8<br>Quesadilla<br>Chicken / Bean<br>Brown Rice / Guacamole<br>Fruits and Vegetables<br>Milk  | 9<br>Philly Cheesesteak Sub<br>Homemade Cheese Sauce<br>Fruits and Vegetables<br>Milk     | 10<br>Cheese Pizza<br>Pepperoni Pizza<br>Buffalo Chicken<br>Homemade Dessert<br>Fruits and Vegetables<br>Milk |
| 13<br>Chicken Caesar Pita<br>Homemade Hummus / Croutons<br>Fruits and Vegetables<br>Milk | 14<br>Goulash<br>Roasted Cauliflower<br>Fruits and Vegetables<br>Milk           | 15<br><i>National Bagel Day!</i><br>Bacon / Egg / Cheese on a Bagel<br>Home Fries<br>Fruits and Vegetables<br>Milk                  | 16<br>EARLY DISMISSAL<br><i>Bagged Lunch</i>  | 17<br>Cheese Pizza<br>Pepperoni Pizza<br>Buffalo Chicken<br>Homemade Dessert<br>Fruits and Vegetables<br>Milk |
| 20<br>NO SCHOOL<br><i>Martin Luther King Jr. Day</i>                                     | 21<br>Grilled Cheese Sandwich<br>Homemade Soup<br>Fruits and Vegetables<br>Milk | 22<br>Chicken Cantina Bowl<br>Chicken / Pinto Bean<br>Brown Rice / Corn<br>Guacamole / Lime Wedges<br>Fruits and Vegetables<br>Milk | 23<br>Sloppy Joe on a Bun<br>Roasted Sweet Potatoes<br>Fruits and Vegetables<br>Milk      | 24<br>Cheese Pizza<br>Pepperoni Pizza<br>Buffalo Chicken<br>Homemade Dessert<br>Fruits and Vegetables<br>Milk |
| 27<br>Hamburger / Cheeseburger<br>Baked Beans<br>Fruits and Vegetables<br>Milk           | 28<br>BBQ Chicken Wrap<br>Pasta Salad<br>Fruits and Vegetables<br>Milk          | 29<br>NO SCHOOL<br><i>Lunar New Year</i>  | 30<br>Spaghetti<br>Meat / Marinara Sauce<br>Garlic Bread<br>Fruits and Vegetables<br>Milk | 31<br>Cheese Pizza<br>Pepperoni Pizza<br>Buffalo Chicken<br>Homemade Dessert<br>Fruits and Vegetables<br>Milk |

Plattsburgh City School District encourages all students to select a complete meal containing all 5 food components at lunch. Students must select at least 3 food components, with one of the food components being at least ½ cup of fruit or vegetable to constitute a reimbursable meal.

Alternate lunch choices are PB&J or Egg Salad Sandwich. All students eat free meals! If you have a food allergy, please notify us.