

## **NOVEMBER 2024**

Every day we offer a delicious and varied salad bar full of fruits and veggies.

Stafford Middle School

1	Monday	Tuesday	Wednesday	Thursday	Friday
					Cheese Pizza Pepperoni Pizza Fruits & Veggies Milk
	Chicken Alfredo w/ Broccoli Fruits & Veggies Milk	National Taco Day!  Beef Tacos  Cilantro Lime Rice  Refried Beans  Fruits & Veggies  Milk	BBQ Chicken Flatbread Street Corn Fruits & Veggies Milk	Spaghetti w/ Marinara 7 or Meat Sauce Garlic Bread Fruits & Veggies Milk	Cheese Pizza Pepperoni Pizza Fruits & Veggies Milk
	UETERAN'S DAY NO SCHOOL TODAY	Sticky Chicken Veggie Lo Mein Fruits & Veggies Milk	Pancakes Bacon Yogurt w/ Granola Fruits & Veggies Milk	National Pickle Day 14  Hamburgers / Cheeseburgers  Sweet Potato Fries  Optional Toppings + Pickles  Fruits & Veggies  Milk	Cheese Pizza Pepperoni Pizza Fruits & Veggies Milk
	Grilled Cheese Sandwich Tomato Soup Fruits & Veggies Milk	Baked Chicken Sweet or Spicy Sauce Brown Rice Fruits & Veggies Milk	Goulash Roasted Cauliflower Fruits & Veggies Milk	Turkey Dinner  Turkey / Mashed Potatoes Gravy / Stuffing Pumpkin Crunch Fruits & Veggies Milk	Cheese Pizza Pepperoni Pizza Fruits & Veggies Milk
	Italian Dunkers Marinara Sauce Garlic Green Beans Fruits & Veggies Milk	SUPERINTENDENT'S DAY  NO SCHOOL TODAY	NO SCHOOL TODAY	THANKSGIVING DAY  NO SCHOOL TODAY	NO SCHOOL TODAY

Plattsburgh City SD encourages all students to select a complete meal containing all 5 food components at lunch. Students must select at least 3 food components, with one of the food components being at least ½ cup of fruit or vegetable to constitute a reimbursable meal.