

## NOVEMBER 2024

Every day we offer a delicious and varied salad bar full of fruits and vegetables.

Friday Wednesday Monday **Tuesday Thursday** Cheese Pizza Pepperoni Pizza Fruits & Veggies Milk Baked Chicken National Nacho Day! 5 Scrambled Eggs Spaghetti w/ Marinara 7 Spicy Beans Cheese Pizza Sausage or Meat Sauce **Beef Nachos** Corn Muffins **Blueberry Muffins** Garlic Bread Pepperoni Pizza **Brown Rice** Fruits & Veggies Yogurt & Granola Fruits & Veggies Fruits & Veggies Homemade Cheese Sauce Milk Fruits & Veggies Milk Milk Fruits & Veggies Milk Milk m 15 13 National Pickle Day! 4 BBO Chicken Flatbread Goulash Cheese Pizza Hamburgers / Cheeseburgers **VETERAN'S DAY** Honey Buttered Corn Roasted Cauliflower Pepperoni Pizza Optional Toppings + Pickle Fruits & Veggies Fruits & Veggies Fruits & Veggies **Baked Beans** Milk Milk Milk Fruits & Veggies NO SCHOOL TODAY Milk 18 19 20 21 22 **Pancakes** Sticky Chicken Italian Dunkers Turkey Dinner Bacon **Brown Rice** Marinara Sauce Cheese Pizza Turkey / Mashed Potatoes Yogurt w/ Granola Crunchy Chickpeas Garlic Green Beans Pepperoni Pizza Gravy / Stuffing Fruits & Veggies Pineapple Fruits & Veggies Pumpkin Crunch Fruits & Veggies Milk Fruits & Veggies Fruits & Veggies Milk Milk Milk Milk 26 27 28 29 Grilled Cheese Sandwich SUPERINTENDENT'S DAY THANKSGIVING DAY Tomato Soup NO SCHOOL TODAY NO SCHOOL TODAY Fruits & Veggies Milk NO SCHOOL TODAY NO SCHOOL TODAY

Plattsburgh City SD encourages all students to select a complete meal containing all 5 food components at lunch. Students must select at least 3 food components, with one of the food components being at least ½ cup of fruit or vegetable to constitute a reimbursable meal.