

Monday

Tuesday

Wednesday

Thursday

Friday

Baked Chicken  
Spicy Beans  
Corn Muffins  
Fruits & Veggies  
Milk

4

**National Nacho Day!**  
Beef Nachos  
Brown Rice  
Homemade Cheese Sauce  
Fruits & Veggies  
Milk

5

Scrambled Eggs  
Sausage  
Blueberry Muffins  
Yogurt w/ Granola  
Fruits & Veggies  
Milk

6

Spaghetti w/ Marinara  
or Meat Sauce  
Garlic Bread  
Fruits & Veggies  
Milk

7

Cheese Pizza  
Pepperoni Pizza  
Fruits & Veggies  
Milk

1

Cheese Pizza  
Pepperoni Pizza  
Fruits & Veggies  
Milk

8

**VETERAN'S DAY**

11

**NO SCHOOL TODAY**

BBQ Chicken Flatbread  
Honey Buttered Corn  
Fruits & Veggies  
Milk

12

Goulash  
Roasted Cauliflower  
Fruits & Veggies  
Milk

13

**National Pickle Day!**  
Hamburgers / Cheeseburgers  
Optional Toppings + Pickles  
Fruits & Veggies  
Milk

14

Cheese Pizza  
Pepperoni Pizza  
Fruits & Veggies  
Milk

15

Pancakes  
Bacon  
Yogurt w/ Granola  
Fruits & Veggies  
Milk

18

Sticky Chicken  
Brown Rice  
Crunchy Chickpeas  
Pineapple  
Fruits & Veggies  
Milk

19

Italian Dunkers  
Marinara Sauce  
Garlic Green Beans  
Fruits & Veggies  
Milk

20

**Turkey Dinner**  
Turkey / Mashed Potatoes  
Gravy / Stuffing  
Pumpkin Crunch  
Fruits & Veggies  
Milk

21

Cheese Pizza  
Pepperoni Pizza  
Fruits & Veggies  
Milk

22

Grilled Cheese Sandwich  
Tomato Soup  
Fruits & Veggies  
Milk

25

**SUPERINTENDENT'S DAY**  
**NO SCHOOL TODAY**

26

**NO SCHOOL TODAY**

27

**THANKSGIVING DAY**  
**NO SCHOOL TODAY**

28

**NO SCHOOL TODAY**

29

Plattsburgh City SD encourages all students to select a complete meal containing all 5 food components at lunch. Students must select at least **3 food components**, with one of the food components being at least **½ cup of fruit or vegetable** to constitute a reimbursable meal.

Alternate choices are SB&J\* or Egg Salad Sandwich.

All students eat free meals.

If you have a food allergy, please notify us.