

JUNE 2024 STAFFORD MIDDLE SCHOOL

Every day we offer a delicious and varied salad bar full of fruits and veggies.

	Monday	Tuesday	Wednesday	Thursday	Friday
	Beef Tacos Brown Rice Refried Beans Fruits & Veggies Milk	Chicken BBQ / Sweet / Spicy Brown Rice Fruits & Veggies Milk	EARLY DISMISSAL BAGGED LUNCH	Spaghetti w/ Meat Or Marinara Sauce Garlic Bread Fruits & Veggies Milk	Cheese Pizza Pepperoni Pizza Fruits & Veggies Milk
	BBQ Pork Hoagie w/ Cheese Sauce Fruits & Veggies Milk	Cheeseburger Wrap Pasta Salad Fruits & Veggies Milk	Chicken Nachos Brown Rice Fruits & Veggies Milk	Macaroni & Cheese Plain / Buffalo Chicken Fruits & Veggies Milk	Cheese Pizza Pepperoni Pizza Fruits & Veggies Milk
	Italian Dunkers w/ Marinara Sauce Fruits & Veggies Milk	Hamburgers Cheeseburgers Sweet Potato Fries Fruits & Veggies Milk	JUNETEENTH NO SCHOOL TODAY	Honey Chipotle Chicken w/ Fried Rice Fruits & Veggies Milk	Cheese Pizza Pepperoni Pizza Fruits & Veggies Milk
A STATE OF	Grilled Cheese Sandwich Tomato Soup Fruits & Veggies Milk	Chef's Choice Fruits & Veggies Milk	Chef's Choice Fruits & Veggies Milk	NO SCHOOL TODAY HAVE A GREAT SUMMER	NO SCHOOL TODAY
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Plattsburgh City SD encourages all students to select a complete meal containing all 5 food components at lunch. Students must select at least <u>3 food</u> <u>components</u>, with one of the food components being at least <u>½ cup of fruit or vegetable</u> to constitute a reimbursable meal.

Alternate choices are PB&J or Egg Salad Sandwich.

All students eat free meals in our school.