

Monday	Tuesday	Wednesday	Thursday	Friday
Italian Chicken 3 w/ Pasta Carrots Fruits & Veggies Milk	Nachos 4 Brown Rice Pinto Beans Fruits & Veggies Milk	EARLY DISMISSAL 5 BAGGED LUNCH	Goulash 6 Garlic Bread Fruits & Veggies Milk	Cheese Pizza 7 Pepperoni Pizza Fruits & Veggies Milk
Italian Dunkers 10 w/ Marinara Sauce Fruits & Veggies Milk	Hamburger 11 Cheeseburgers Baked Beans Fruits & Veggies Milk	Sticky Chicken 12 Brown Rice Broccoli Fruits & Veggies Milk	Macaroni & Cheese 13 Fruits & Veggies Milk	Cheese Pizza 14 Pepperoni Pizza Fruits & Veggies Milk
Chicken Tacos 17 Brown Rice Black Bean & Corn Salsa Fruits & Veggies Milk	Spaghetti w/ Meat 18 or Marinara Sauce Garlic Bread Fruits & Veggies Milk	JUNETEENTH 19 NO SCHOOL TODAY	Pancakes 20 Sausage Yogurt w/ Granola Fruits & Veggies Milk	Cheese Pizza 21 Pepperoni Pizza Fruits & Veggies Milk
Grilled Cheese Sandwich 24 Tomato Soup Fruits & Veggies Milk	Chef's Choice 25 Fruits & Veggies Milk	Chef's Choice 26 Fruits & Veggies Milk	NO SCHOOL TODAY 27 HAVE A GREAT SUMMER	NO SCHOOL TODAY 28



Plattsburgh City SD encourages all students to select a complete meal containing all 5 food components at lunch. Students must select at least **3 food components**, with one of the food components being at least **½ cup of fruit or vegetable** to constitute a reimbursable meal.

Alternate choices are SB&J* or Egg Salad Sandwich.

All students eat free meals in our school.