

## MAY 2024 STAFFORD MIDDLE SCHOOL

Every day we offer a delicious and varied salad bar full of fruits and veggies.

Monday	Tuesday	Wednesday	Thursday	Friday
		Beef Nachos Brown Rice Refried Beans Fruits & Veggies Milk	BBQ Pork Sandwich Coleslaw Fruits & Veggies Milk	Cheese Pizza Pepperoni Pizza Caesar Salad Fruits & Veggies Milk
Sloppy Joes Roasted Cauliflower Fruits & Veggies Milk	Buffalo Chicken Wrap Pasta Salad Fruits & Veggies Milk	Italian Dunkers w/ Marinara Fruits & Veggies Milk	Chicken Fried Rice Fruits & Veggies Milk	Cheese Pizza Pepperoni Pizza Tossed Salad Fruits & Veggies Milk
Beef Tacos Pinto Beans / Brown Rice Corn Fruits & Veggies Milk	Sesame Chicken Veggie Lo Mein Fruits & Veggies Milk	EARLY DISMISSAL  BAGGED LUNCH	Lasagna Garlic Bread Fruits & Veggies Milk	Cheese Pizza Pepperoni Pizza Caesar Salad Fruits & Veggies Milk
Grilled Cheese Sandwich Homemade Soup Fruits & Veggies Milk	Sausage on a Roll Peppers & Onions Fruits & Veggies Milk	Cheese Pizza Pepperoni Pizza Tossed Salad Fruits & Veggies Milk	Snow Day Give Back	Snow Day Give Back
MEMORIAL DAY  NO SCHOOL TODAY	Sticky Chicken Brown Rice Fruits & Veggies Milk	Pancakes Sausage Links Yogurt w/ Granola Fruits & Veggies Milk	BBQ Chicken Wrap  Baked Beans  Coleslaw  Fruits & Veggies  Milk	Cheese Pizza Pepperoni Pizza Caesar Salad Fruits & Veggies Milk

Plattsburgh City SD encourages all students to select a complete meal containing all 5 food components at lunch. Students must select at least <u>3 food components</u>, with one of the food components being at least <u>½ cup of fruit or vegetable</u> to constitute a reimbursable meal.