

MARCH 2024

Plattsburgh High School

Every day we offer a delicious and varied salad bar full of fruits and veggies.

Monday **Thursday** Friday **Tuesday** Wednesday Home Fries Fruits & Veggies Milk Beef or Bean Tacos 4 Sloppy Joe's on Bun **EARLY DISMISSAL** Cheese Pizza Honey Chipotle Chicken **Brown Rice Potato Wedges** Pepperoni Pizza w/ Butter Parmesan Pasta **Refried Beans** Fruits & Veggies **BAGGED LUNCH** Fruits & Veggies Fruits & Veggies Fruits & Veggies Milk Milk Milk Milk Spaghetti w/ Meat Cheeseburger Wrap w/ 3 14 Cheese Pizza Chicken Nachos **Pancakes** or Marinara Sauce Lettuce, Tomato, Onion & Sausage Links Brown Rice Pepperoni Pizza Garlic Bread Black Bean & Corn Salsa 1,000 Island Dressing Yogurt w/ Granola Shamrock Shake Fruits & Veggies Fruits & Veggies Pasta Salad / Fruits & Veggies Fruits & Veggies Fruits & Veggies Milk Milk Milk Milk Milk Turkey w/ Gravy 21 Chili w/ Beans **Mashed Potatoes** SUPERINTENDENT'S DAY **Brown Rice** Cheese Pizza

Plain or Buffalo Chicken Macaroni & Cheese Fruits & Veggies Milk

ECLIPSE SPIRIT WEEKS

Lunar Lickin' Chicken Veggie Lo Mein Fruits & Veggies Milk

NO SCHOOL TODAY

Eclipse on a Bun Plain or w/ Cheese Gas Beans Fruits & Veggies Milk

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Space Cheese Sandwich Mars Soup Fruits & Veggies Milk

Biscuits

Fruits & Veggies

Milk

Pizza Planet Pizza

Cornbread

Fruits & Veggies

Milk

Cheese or Pepperoni Fruits & Veggies Milk

Bacon, Egg & Cheese Bagel

Pepperoni Pizza Fruits & Veggies Milk

HAPPY SPRING BREAK

NO SCHOOL TODAY

Your child can get 3 items free even if they bring lunch!!

Alternate choices are PB&J or Egg Salad Sandwich.

All students eat free meals in our school.