

Stafford Middle School Breakfast Menu

Breakfast menu will repeat each week throughout the month. Menu is subject to change based on availability.

At breakfast students must select at least <u>3 food items</u>, with one of the food items being at least <u>½ cup of fruit or vegetable</u> to constitute a reimbursable meal.

Monday

Breakfast Sandwich
Bagel w/Cream Cheese
Yogurt w/ Granola
Smoothies
Fresh Fruit
Milk

Tuesday

Breakfast Pizza
Bagel w/Cream Cheese
Yogurt w/ Granola
Smoothies
Fresh Fruit
Milk

Wednesday

Breakfast Sandwich
Bagel w/Cream cheese
Yogurt w/Granola
Fresh Fruit
Smoothies
Milk

Thursday

Sausage, Egg & Cheese
Burrito
Bagel w/Cream Cheese
Yogurt w/ Granola
Smoothies
Fresh Fruit
Milk

Friday

Breakfast Sandwich
Bagel w/Cream Cheese
Yogurt w/ Granola
Smoothies
Fresh Fruit
Milk







