



Soup

APRIL 2024

PLATTSBURGH HIGH SCHOOL

Every day we offer a delicious and varied salad bar full of fruits and veggies.

Monday

Tuesday

Wednesday

Thursday

Friday

SPRING BREAK

NO SCHOOL TODAY

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Baked Chicken

Brown Rice

Green Beans

Fruits & Veggies

Milk

Ziti

Plain or w/ Sausage

Garlic Bread

Fruits & Veggies

Milk

Grilled Cheese Sandwich

Chicken Lentil Soup

Fruits & Veggies

Milk

Cheese Pizza

Pepperoni Pizza

Black Bean & Corn Salad

Fruits & Veggies

Milk

Alfredo

Chicken / Plain

Roasted Broccoli

Fruits & Veggies

Milk

Pork Grinder w/
Homemade Cheese Sauce

Sauteed Peppers & Onions

Fruits & Veggies

Milk

Beef Nachos

Brown Rice

Refried Beans

Fruits & Veggies

Milk

Sesame Chicken

w/ Veggie Lo Mein

Fruits & Veggies

Milk

Cheese Pizza

Pepperoni Pizza

Caesar Salad

Fruits & Veggies

Milk

Chicken Tacos

Pinto Bean

Brown Rice

Fruits & Veggies

Milk

EARLY DISMISSAL

Brunch For Lunch

Hamburgers

Cheeseburgers

Sweet Potato Fries

Fruits & Veggies

Milk

Pancakes

Sausage

Yogurt w/ Granola

Fruits & Veggies

Milk

Cheese Pizza

Pepperoni Pizza

Cucumber Tomato Salad

Fruits & Veggies

Milk

Macaroni & Cheese

Buffalo Chicken

Fruits & Veggies

Milk

Italian Dunkers

Homemade Soup

Fruits & Veggies

Milk

Plattsburgh City SD encourages all students to select a complete meal containing all 5 food components at lunch. Students must select at least **3 food components**, with one of the food components being at least **½ cup of fruit or vegetable** to constitute a reimbursable meal.

Alternate choices are SB&J* or Egg
Salad Sandwich.

All students eat free meals
in our school.

