LUNCH

MAY 2024 OAK

Every day we offer a delicious and varied salad bar full of fruits and veggies.

	Monday	Tuesday	Wednesday	Thursday	Friday
4			Spaghetti w/ Meat or Marinara Sauce Garlic Bread Fruits & Veggies Milk	Baked Chicken Sweet Potatoes Rolls Fruits & Veggies Milk	Cheese Pizza Pepperoni Pizza Tossed Salad Fruits & Veggies Milk
G	Grilled Cheese Sandwich Homemade Soup Fruits & Veggies Milk	Beef Tacos 7 Brown Rice Refried Beans / Corn Fruits & Veggies Milk	BBQ Chicken Wrap Coleslaw Fruits & Veggies Milk	Pancakes Sausage Yogurt w/ Granola Fruits & Veggies Milk	Cheese Pizza Pepperoni Pizza Caesar Salad Fruits & Veggies Milk
	Hamburgers Cheeseburgers Baked Beans Fruits & Veggies Milk	14 Sticky Chicken Veggie Lo Mein Fruits & Veggies Milk	EARLY DISMISSAL	Italian Chicken Brown Rice Roasted Carrots Fruits & Veggies Milk	Cheese Pizza Pepperoni Pizza Tossed Salad Fruits & Veggies Milk
	20 Sausage on a Roll Peppers & Onions Fruits & Veggies Milk	21 Chili Mac Bake Green Beans Fruits & Veggies Milk	Cheese Pizza Pepperoni Pizza Tossed Salad Fruits & Veggies Milk	23 Snow Day Give Back	24 Snow Day Give Back
X	MEMORIAL DAY	28 Italian Dunkers w/ Marinara Fruits & Veggies Milk	29 Sloppy Joes Roasted Cauliflower Fruits & Veggies Milk	30 Chicken Alfredo Broccoli Fruits & Veggies Milk	Cheese Pizza Pepperoni Pizza Caesar Salad Fruits & Veggies Milk

Plattsburgh City SD encourages all students to select a complete meal containing all 5 food components at lunch. Students must select at least <u>3 food</u> <u>components</u>, with one of the food components being at least <u>½ cup of fruit or vegetable</u> to constitute a reimbursable meal.

All students eat free meals in our school.