LUNCH

MAY 2024 MOMOT

* Momot is a Peanut Free school. Sun butter will be offered in place of peanut butter.

Monday	Tuesday	Wednesday	Thursday	Friday	
	XX	Spaghetti w/ Meat or 1 Marinara Sauce Garlic Bread Fruits & Veggies Milk	Baked Chicken Sweet Potatoes Dinner Roll Fruits & Veggies Milk	Cheese Pizza Pepperoni Pizza Tossed Salad Fruits & Veggies Milk	
Grilled Cheese Sandwich Homemade Soup Fruits & Veggies Milk	Sticky Chicken 7 Brown Rice Broccoli Fruits & Veggies Milk	8 Sloppy Joes Roasted Cauliflower Fruits & Veggies Milk	Pancakes Sausage Link Yogurt w/ Granola Fruits & Veggies Milk	Cheese Pizza Pepperoni Pizza Tossed Salad Fruits & Veggies Milk	
Hamburgers Cheeseburgers Baked Beans Fruits & Veggies Milk	14 Breakfast Pizza Fruit Salad Fruits & Veggies Milk	EARLY DISMISSAL	Chicken Fried Rice Fruits & Veggies Milk	Cheese Pizza Pepperoni Pizza Caesar Salad Fruits & Veggies Milk	
Beef Tacos Pinto Beans Brown Rice Fruits & Veggies Milk	21 BBQ Chicken Wrap Coleslaw Fruits & Veggies Milk	Cheese Pizza Pepperoni Pizza Tossed Salad Fruits & Veggies Milk	23 Snow Day Give Back	24 Snow Day Give Back	
27 MEMORIAL DAY	Italian Dunkers 28 w/ Marinara Sauce Green Beans Fruits & Veggies Milk	29 Macaroni & Cheese Buffalo Chicken Fruits & Veggies Milk	30 Sausage Peppers & Onions on a Roll Fruits & Veggies Milk	Cheese Pizza Pepperoni Pizza Caesar Salad Fruits & Veggies Milk	

Plattsburgh City SD encourages all students to select a complete meal containing all 5 food components at lunch. Students must select at least <u>3 food</u> <u>components</u>, with one of the food components being at least <u>½ cup of fruit or vegetable</u> to constitute a reimbursable meal. Alternate choices are SB&J* or Egg Salad Sandwich. All students eat free meals in our school.